

Constantia and Theodosius

Joseph Addison

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CONSTANTIA was a woman of extraordinary wit and beauty, but very unhappy in a father who, having arrived at great riches by his own industry, took delight in nothing but his money. Theodosius was the younger son of a decayed family, of great parts and learning, improved by a genteel and virtuous education. When he was in the twentieth year of his age he became acquainted with Constantia, who had not then passed her fifteenth. As he lived but a few miles distant from her father's house, he had frequent opportunities of seeing her; and by the advantages of a good person, and a pleasing conversation, made such an impression on her heart as it was impossible for time to efface. He was himself no less smitten with Constantia. A long acquaintance made them still discover new beauties in each other, and by degrees raised in them that mutual passion which had an influence on their following lives. It unfortunately happened that in the midst of this intercourse of love and friendship between Theodosius and Constantia, there broke out an irreparable quarrel between their parents, the one valuing himself too much upon his birth, the other upon his possessions. The father of Constantia was so incensed at the father of Theodosius, that he contracted an unreasonable aversion toward his son, insomuch that he forbade him his house, and charged his daughter upon her duty never to see him more. In the meantime, to break off all communication between the two lovers, who he knew entertained secret hopes of some favorable opportunity that should bring them together, he found out a young gentleman of a good fortune and an agreeable person, whom he pitched upon as a husband for his daughter. He soon concerted this affair so well, that he told Constantia it was his design to marry her to such a gentleman, and that her wedding should be celebrated on such a day. Constantia, who was overawed with the authority of her father, and unable to object anything against so advantageous a match, received the proposal with a profound silence, which her father commended in her, as the most decent manner of a virgin's giving her consent to an overture of that kind. The noise of this intended marriage soon reached Theodosius, who, after a long tumult of passions, which naturally rise in a lover's heart on such an occasion, writ the following letter to Constantia:

"The thought of my Constantia, which for some years has been my only happiness, is now become a greater torment to me than I am able to bear. Must I then live to see you another's? The streams, the fields, and meadows, where we have so often talked together, grow painful to me; life itself is become a burden. May you long be happy in the world, but forget that there was ever such a man in it as

"THEODOSIUS."

This letter was conveyed to Constantia that very evening, who fainted at the reading of it; and the next morning she was much more alarmed by two or three messengers, that came to her father's house, one after another, to inquire if they had heard anything of Theodosius, who it seems had left his chamber about midnight, and could nowhere be found. The deep melancholy which had hung upon his mind some time before, made them apprehend the worst that could befall him. Constantia, who knew that nothing but the report of her marriage could have driven him to such extremities, was not to be comforted. She now accused herself of having so tamely given an ear to the proposal of a husband, and looked upon the new lover as the murderer of Theodosius. In short she resolved to suffer the utmost effects of her father's displeasure, rather than comply with a marriage which appeared to her so full of guilt and horror. The father, seeing himself entirely rid of Theodosius, and likely to keep a considerable portion in his family, was not very much concerned at the obstinate refusal of his daughter; and did not find it very difficult to excuse himself upon that account to his intended son-in-law, who had all along

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regarded this alliance rather as a marriage of convenience than of love. Constantia had now no relief but in her devotions and exercises of religion, to which her afflictions had so entirely subjected her mind, that after some years had abated the violence of her sorrows, and settled her thoughts in a kind of tranquillity, she resolved to pass the remainder of her days in a convent. Her father was not displeased with a resolution which would save money in his family, and readily complied with his daughter's intentions. Accordingly, in the twenty-fifth year of her age, while her beauty was yet in all its height and bloom, he carried her to a neighboring city, in order to look out a sisterhood of nuns among whom to place his daughter. There was in this place a father of a convent who was very much renowned for his piety and exemplary life; and as it is usual in the Romish church for those who are under any great affliction, or trouble of mind, to apply themselves to the most eminent confessors for pardon and consolation, our beautiful votary took the opportunity of confessing herself to this celebrated father.

We must now return to Theodosius, who, the very morning that the above-mentioned inquiries had been made after him, arrived at a religious house in the city, where now Constantia resided; and desiring that secrecy and concealment of the fathers of the convent which is very usual upon any extraordinary occasion, he made himself one of the order, with a private vow never to inquire after Constantia; whom he looked upon as given away to his rival upon the day on which, according to common fame, their marriage was to have been solemnized. Having in his youth made a good progress in learning, that he might dedicate himself more entirely to religion, he entered into holy orders, and in a few years became renowned for his sanctity of life and those pious sentiments which he inspired into all who conversed with him. It was this holy man to whom Constantia had determined to apply herself in confession, though neither she nor any other, besides the prior of the convent, knew anything of his name or family. The gay, the amiable Theodosius had now taken upon him the name of Father Francis, and was so far concealed in a long beard, a shaven head, and a religious habit, that it was impossible to discover the man of the world in the venerable conventual.

As he was one morning shut up in his confessional, Constantia, kneeling by him, opened the state of her soul to him; and after having given him the history of a life full of innocence, she burst out into tears, and entered upon that part of her story in which he himself had so great a share. "My behavior," says she, "has, I fear, been the death of a man who had no fault but that of loving me too much. Heaven only knows how dear he was to me whilst he lived, and how bitter the remembrance of him has been to me since his death." She here paused, and lifted up her eyes that streamed with tears toward the father; who was so moved with the sense of her sorrows that he could only command his voice, which was broke with sighs and sobbings, so far as to bid her proceed. She followed his directions, and in a flood of tears poured out her heart before him. The father could not forbear weeping aloud, insomuch that in the agonies of his grief the seat shook under him. Constantia, who thought the good man was thus moved by his compassion toward her, and by the horror of her guilt, proceeded with the utmost contrition to acquaint him with that vow of virginity in which she was going to engage herself, as the proper atonement for her sins, and the only sacrifice she could make to the memory of Theodosius. The father, who by this time had pretty well composed himself, burst out again into tears upon hearing that name to which he had been so long disused, and upon receiving this instance of an unparalleled fidelity from one who he thought had several years since given herself up to the possession of another. Amidst the interruptions of his sorrow, seeing his penitent overwhelmed with grief, he was only able to bid her from time to time be comforted to tell her that her sins were forgiven her that her guilt was not so great as she apprehended that she should not suffer herself to be afflicted above measure. After which he recovered himself enough to give her the absolution in form; directing her at the same time to repair to him the next day that he might encourage her in the pious resolutions she had taken, and give her suitable exhortations for her behavior in it. Constantia retired, and the next morning renewed her applications. Theodosius, having manned his soul with proper thoughts and reflections, exerted himself on this occasion in the best manner he could to animate his penitent in the course of life she was entering upon, and wear out of her mind those groundless fears and apprehensions which had taken possession of it; concluding with a promise to her, that he would from time to time continue his admonitions when she should have taken upon her the holy veil. "The rules of our respective orders," says he, "will not permit that I should see you, but you may assure yourself not only of having a place in my prayers, but of receiving such frequent instructions as I can convey to you by letters. Go on cheerfully in the glorious course you have undertaken, and you will

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quickly find such a peace and satisfaction in your mind, which is not in the power of the world to give."

Constantia's heart was so elevated with the discourse of Father Francis, that the very next day she entered upon her vow. As soon as the solemnities of her reception were over, she retired, as it is usual, with the abbess into her own apartment.

The abbess had been informed the night before of all that had passed between her novice and Father Francis, from whom she now delivered to her the following letter:

"As the first fruits of those joys and consolations which you may expect from the life you are now engaged in, I must acquaint you that Theodosius, whose death sits so heavily upon your thoughts, is still alive; and that the father to whom you have confessed yourself, was once that Theodosius whom you so much lament. The love which we have had for one another will make us more happy in its disappointment than it could have done in its success. Providence has disposed of us for our advantage, though not according to our wishes. Consider your Theodosius still as dead, but assure yourself of one who will not cease to pray for you in father

"FRANCIS."

Constantia saw that the handwriting agreed with the contents of the letter; and upon reflecting upon the voice of the person, the behavior, and above all the extreme sorrow of the father during her confession, she discovered Theodosius in every particular. After having wept with tears of joy, "It is enough," says she; "Theodosius is still in being; I shall live with comfort and die in peace."

The letters which the father sent her afterward are yet extant in the nunnery where she resided, and are often read to the young religious, in order to inspire them with good resolutions and sentiments of virtue. It so happened that, after Constantia had lived about ten years in the cloister, a violent fever broke out in the place, which swept away great multitudes, and among others, Theodosius. Upon his deathbed he sent his benediction in a very moving manner to Constantia, who at that time was so far gone in the same fatal distemper that she lay delirious. Upon the interval which generally precedes death in sickness of this nature, the abbess, finding that the physicians had given her over, told her that Theodosius was just gone before her, and that he had sent her his benediction in his last moments. Constantia received it with pleasure. "And now," says she, "if I do not ask anything improper, let me be buried by Theodosius. My vow reaches no farther than the grave: what I ask is, I hope, no violation of it." She died soon after, and was interred according to her request.

Their tombs are still to be seen, with a short Latin inscription over them to the following purpose:

"Here lie the bodies of Father Francis and Sister Constance. They were lovely in their lives, and in their deaths they were not divided."